

CAMP INFORMATION, POLICIES & PROCEDURES

Few sports offer as much freedom and choice as sailing. Our junior summer sailing camps provide a unique opportunity for young sailors to learn to sail in an environment focused on skill development, safety, fun and the environment. Exploring our local waterways in Marina Parks Sabots and/or 14' Quest dinghies students will learn the skills needed to safely sail a small boat, gain confidence and self-esteem, learn about the environment and discover the magic of sailing all while having fun and enjoying the outdoors. Our staff consists of individuals with extensive sailing experience, US SAILING, First Aid and CPR certifications, who have a genuine interest in providing each sailor with a rewarding summer experience.

REQUIRED FORMS

Participation and medical Treatment Forms are required: All participants must have two signed waivers – a Voluntary Activities Participation waiver for OCC and a City of Newport Beach waiver, and an "Authorization for Medical Treatment Form" on file with the instructor to be able to participate in on-the-water activities. **If you do not have access to a printer additional copies will be available for you to fill out on-site.**

CHECK-IN/DROP OFF AND CHECK-OUT - Please <u>do not</u> drop children off early without checking in with the instructor on duty. If you will be late dropping off or picking up, we appreciate a call-949-645-9412.

- All participants must be checked-in and checked-out by a parent or adult guardian each day*.
- If you are ride-sharing please use Youth Self Check-in/Check-out form to let us know date, name and contact information for the person transporting your child. We will not be collecting notes at pick-up or drop off.
- If your child will be walking, biking or driving themselves to camp you must submit a Youth Self Checkin/Check form.

*Youth Self check-in/check-out

Use the Youth Self Check-in/Check-out form to let us know your child has your permission to check him/herself into and out of camp without a parent/guardian present. The completed and signed form can be submitted via email to <u>customercare@occsailing.com</u> by 4 pm the Friday before the start of your child's camp, or in-person by a parent/adult guardian on the first day of class.

Youth Self check-in/Check-out form must be received prior to your child arriving for class on their own.

PARKING - Parents, if you would like to park during the sailing camp, City staff will provide you with a code for free parking. Prior to camp, please download the **Park Mobile app** on your phone, as the code only works in this app. Upon your arrival at Marina Park, please park in the East lot, by the Marina. Once parked, please proceed on foot to camp check-in next to the Marina, where City staff will provide you with a parking code, and your student will be welcomed by camp sailing instructors.

PARENT PARTICIPATION: We welcome parents to observe camp activities, but because this is a public facility, we cannot have parents or other adults within the camp area, so we ask that you remain outside of the coned off camp area.



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PARENT HEALTH SCREENING RESPONSIBILITY: Help us keep all campers and staff healthy throughout the summer. Please keep your child home if the following symptoms occur:

- Fever within 24 hours (99 F or higher)
- Vomiting, Diarrhea
- Contagious or Rashes of Unknown Origin
- Congestion, Sneezing, Nasal Drainage & Coughing
- Ear, Eye, Throat Infections
- Dizziness or Upset Stomach
- Difficult or Rapid Breathing.

GENERAL INFORMATION

LOCATION: Our camp is located at Marina Park, 1600 W. Balboa Blvd., Newport Beach, CA 92663

CAMP DATES

One-week Sessions from June 3 - Aug 16, 2024 - (No class on July 4-5)

CAMP HOURS

Morning Sessions	Mon-Fri	9:00 am-12:00 pm
Afternoon Sessions	Mon-Fri	1:00-4:00 pm

SCHEDULE: Each day will include classroom time, rigging, docking, introduction and practice of new skills, lots of sailing (weather permitting) and a daily review. Fun games and special events will also be included each week.

DISCIPLINE: We reserve the right to send a camper home whose physical condition, conduct or influence is deemed unsatisfactory or detrimental to the best interests of the camp.

REQUIRED DAY 1 SWIM TEST: Comfort in the water is a fundamental part of safe sailing and safety always comes first. All children participating in sailing camp must pass a swim check which will be held on the first day of each session. Each child will swim approx. 20 yards and tread water for 1 minute – lifejackets may be worn during the swim check. The swim check will take place off the bay beach. Sailors participating in multiple weeks only need to do the swim test their first week.

• Remember to bring a towel and dry clothing to change into after the swim check.

OPTIONAL CAPSIZE DRILL: Most students will take part in a capsize drill. Notice of the drill will be given the day before. Remember to bring dry clothing to change into afterwards on the day of the capsize drill.

SAFETY: Our goal is to provide a safe and fun experience for everyone. During the first class we will have a chance to observe student skill levels and maturity, and we may re-organize classes to ensure the best learning environment for everyone. Student age, size and experience along with weather conditions and traffic on the bay all play into how boat assignments are made. Ultimately the overall health and safety of students and staff is our number one concern.

• Life jackets must always be worn when students are on the docks or in the boats.

For More Information Call the OCC School of Sailing & Seamanship at 949-645-9412



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MARINA PARK

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Life jackets will be provided though students are welcome to bring their own USCG approved life jacket.



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Expectations for the sailors

Sailors should always:

- Follow the Junior Guidelines.
- Use appropriate language
- Respect the physical and mental wellbeing of themselves, other participants and staff
- Use equipment, supplies, and facilities as they are designed to be used
- Be organized, be prepared and be responsible for their equipment.
- Help and encourage others cooperate with and assist others.
- Be polite on and off the water to instructors, volunteers, and other sailors.

Junior Guidelines

- 1. Arrive on time.
- 2. If you are not feeling well, please call us to let us know you are staying home until you feel better.
- 3. Check-in for daily and proceed to designated instructional area.
- 4. Quickly unrig your boat at the end of the day and help teammates when finished.
- 5. Stay with your group until dismissed by your instructor. If you need to leave class early for any reason, bring a signed note from your parents.
- 6. Life jackets must be properly worn at all times while on the docks or on the water.
- 7. Footwear/ closed toe shoes must be worn at all times while on shore and is recommend while sailing.
- 8. Sunglasses, hats, sunscreen and drinking water are strongly recommended for all sailors.
- 9. Mark all personal equipment with permanent marker. Include name and phone number.
- 10. Pick up your trash! Keep your Sailing Center looking nice.
- 11. The Sailing Center is not responsible for loss or damage to personal property of the students. We suggest you label clothing, bags etc. with your child's name.
- 12. Students are responsible for damage done to Sailing Center property or the property of another student.
- 13. Offensive language or actions are not appropriate at any time.
- 14. Disruptive students will be removed from class and wait for the class to finish in the office. If disruptions continue parents will be contacted.
- 15. Teasing and bullying of any kind will not be tolerated.
- 16. Conduct yourself, at all times, in a way you would like others to treat you on and off the water.